

Facilitator Skill Workshop

FRIDAY:

6:30-9:00-	BREAKFAST	
9:00 – 10:00 am	Welcome / Introductions	
10:00 - 10:15 am	BREAK	
10:15 – 10:45 am	<u>Introductory Lecture and Power Point – Basic Directions, Structures and Group Processes</u>	<u>ENTIRE GROUP</u>
10:45 – 12:00 noon	<u>Demonstration of the Model</u> Conducting a Recovery Support Group	 <u>Star Groups</u>
12:00 – 1:00 pm	LUNCH (Check In)	
1:00 – 2:30 pm	<u>Group Dynamics Lecture and Power Point-</u>	<u>ENTIRE GROUP</u>
2:30 – 2:45 pm	BREAK	
2:45 – 4:45 pm	Exercise 1 & 2: The 5 Strategies Structure 1: The Agenda Structure 2: Group Guidelines	☺ Dot Groups
4:45 – 5:15 pm	<u>NAMI 101 Lecture and Power Point</u>	<u>ENTIRE GROUP</u>
5:15 – 5:30 pm	Evaluate Day's Lecture/Skill Exercises	
6:00 – 7:00 pm	DINNER	
Evening Off		

SATURDAY:

6:30-9:00	BREAKFAST	
9:00 – 9:15 am	Order of the day	<u>ENTIRE GROUP</u>
9:15 – 11:00 am	Structure 3: Principles of Support Structure 4: Using Emotional Stages	☺ <u>Dot Groups</u>
11:00 – 11:15 am	Evaluate Structure Skill Exercises	
11:15 – 11:30 am	BREAK	
11:30 – 12:00 pm	<u>Fidelity Lecture and Power Point -</u>	<u>ENTIRE GROUP</u>
12:00 – 1:00 pm	LUNCH	
1:00 – 2:00 pm	Group Process 1: Handling Hot Potatoes	☺ <u>Dot Groups</u>
2:00 – 2:15 pm	BREAK	
2:15-3:00 pm	Group Process 2: Tapping Group Wisdom	☺ <u>Dot Group</u>
3:00-3:15 pm	BREAK	
3:15 – 4:45 pm	Group Process 3: Problem Solving	★ <u>Star Group</u>
4:45 – 5:00 pm	Evaluate Group Process Skill Exercises	
6:00 – 7:00 pm	DINNER	
7:00 – 8:00 pm	Facilitating Fundamentals - Tips; Skills; Preparation; Facilitator Expectations; Group Locations	<u>ENTIRE GROUP</u>

SUNDAY:

BREAKFAST

9:00 – 9:15 am	Order of the day	<u>ENTIRE GROUP</u>
9:15 – 10:15 am	Cue Practice 1A&B Connecting Cues to Structures & Group Processes	☆ <u>Star Groups</u>
10:15 -10:45 am	30 minute BREAK (Check out.)	
10:45 – 11:45 am	<u>Cue Practice 2A&B</u> "Hearing" Cues in Dialogue	☆ <u>Star Groups</u>
11:45 – 12:00 pm	Evaluate Cue Practice 1 & 2	
12:00 – 1:00 pm	LUNCH	
1:00 – 2:00 pm	<u>Support Group: Cue Practice 3</u> Cues Speed Round	<u>ENTIRE GROUP</u>
2:00 pm-2:30 pm	Close of Training <u>ENTIRE GROUP</u>	