

Assertive Community Treatment Teams

Assertive Community Treatment (ACT) is an effective, evidence-based, outreach oriented service delivery system model specifically designed for people with severe and persistent mental illnesses.

Using a 24-hour, seven-day-a-week team approach, ACT teams can deliver comprehensive community treatment (both psychiatric and Substance abuse), rehabilitation, and support services to consumers in their homes, at work and in community settings. ACT can be used to prevent re-hospitalization and is also an effective jail diversion treatment as well as a viable treatment option after release from incarceration to prevent relapse.